

Active ageing, empowerment and security workshop

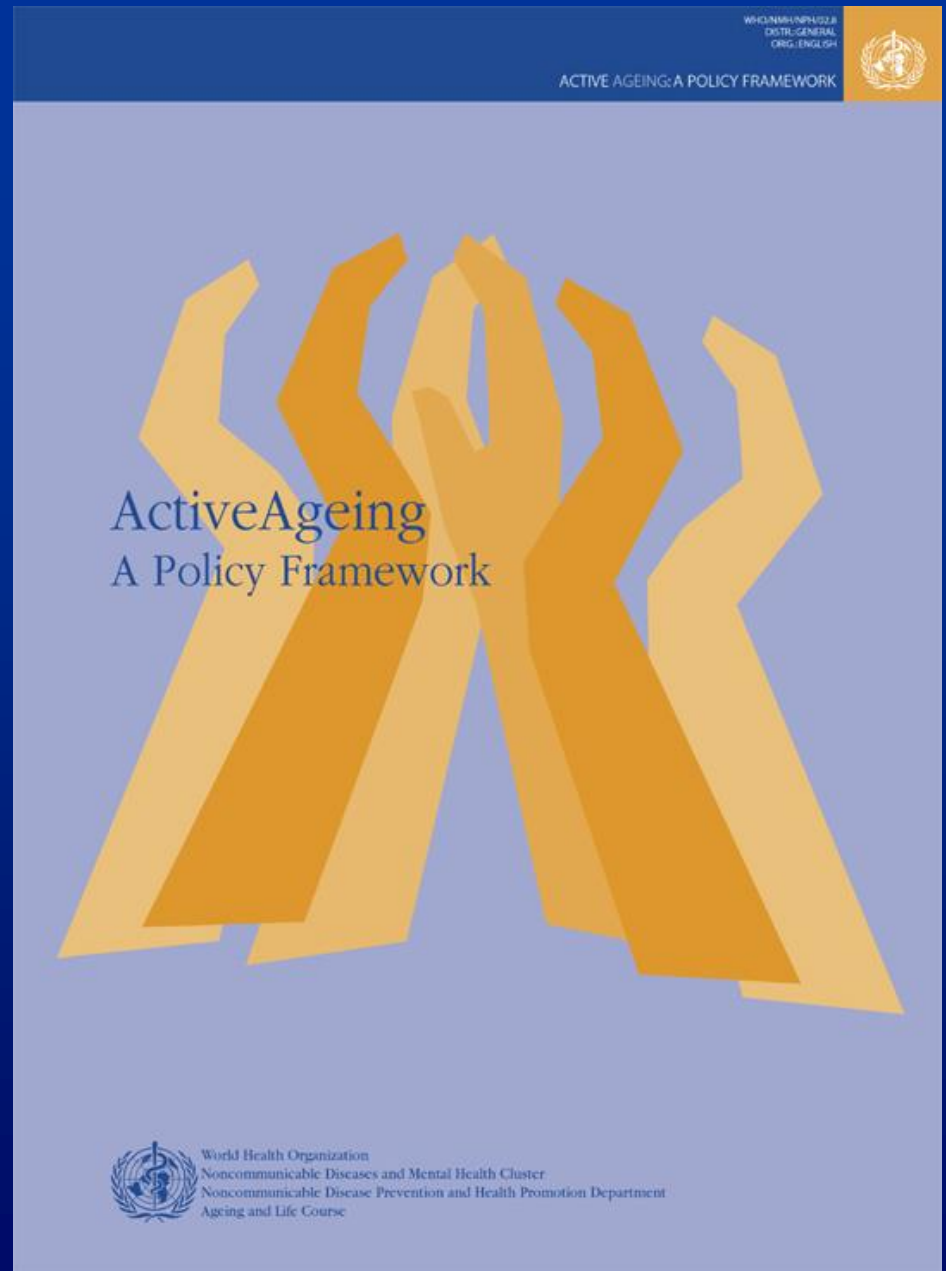
Adelaide

25 September 2012

Dr Alex Kalache, Adelaide Thinker in
Residence

Active Ageing:

A Policy framework



WHO definition of Active Ageing:

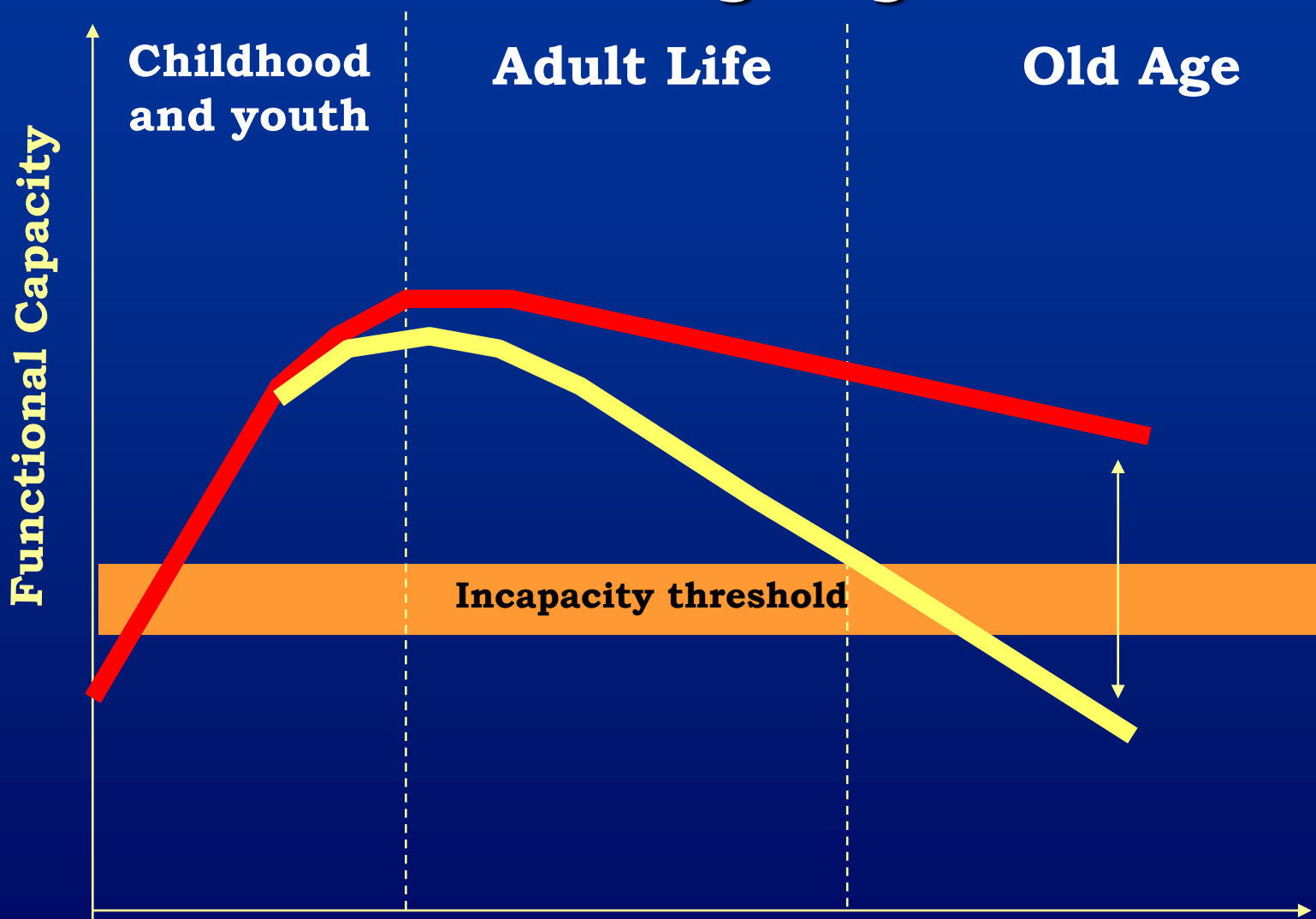
The process of optimizing the opportunities for health, participation, life-long learning and security in order to enhance quality of life as individuals age

The determinants of Active Ageing



A Life Course Perspective

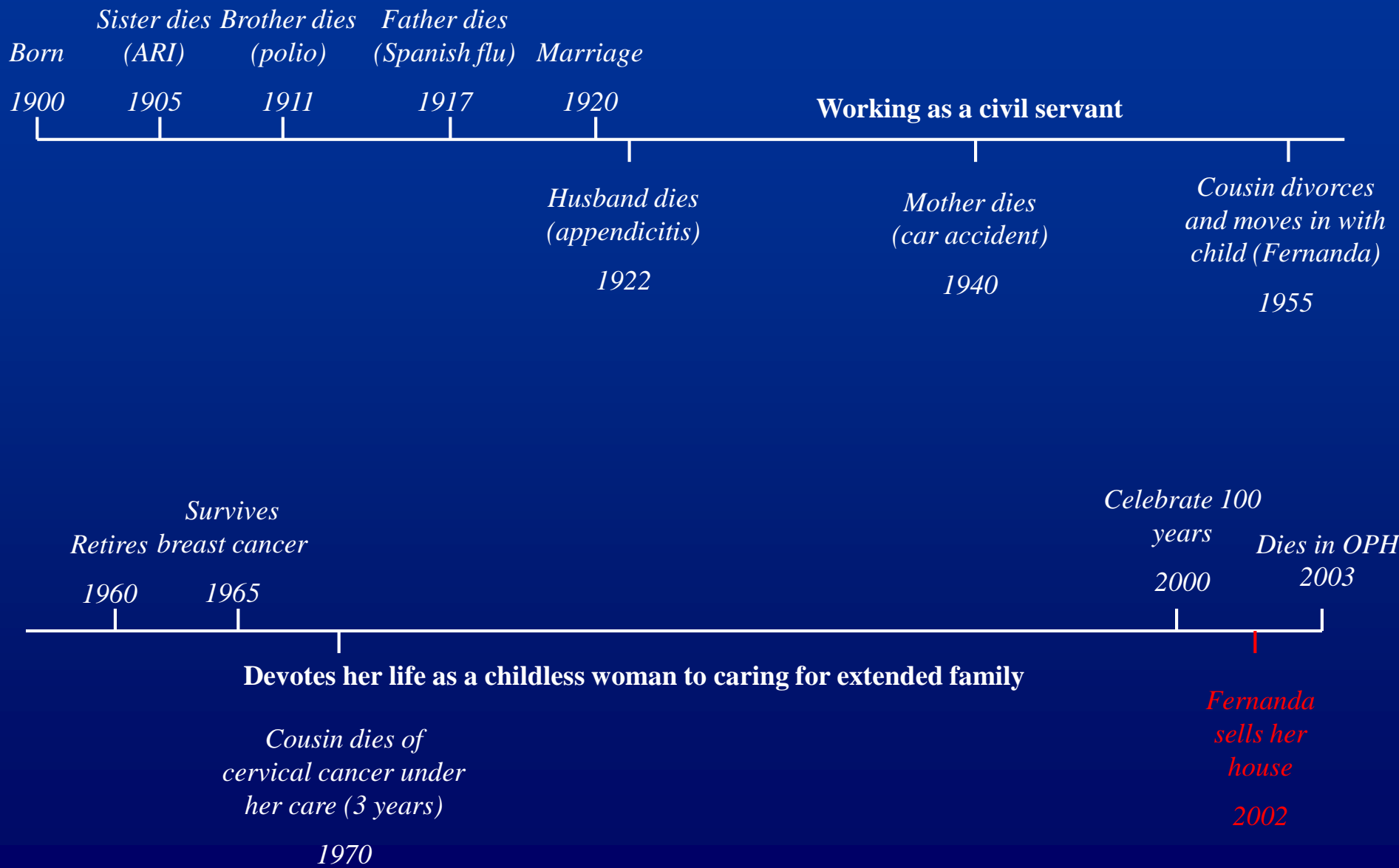
The life course approach in relation to Active Ageing



Independence and Autonomy

A life course perspective on elder abuse

An illustration....
Sylvina's life



The Gender Perspective

A rights based approach

Elder abuse: the last taboo

Resources

The Australian Human Rights Commission
Publications available on:

- Increasing participation among older workers: The grey army advances (2012)
- Respect and choice: A human rights approach for ageing and health (2012)
- Working past our 60s: Reforming laws and policies for the older worker (2012)
- Accumulating poverty? Women's experiences of inequality over the lifecycle (2009)

<http://www.hreoc.gov.au/age/publications.html>